



## Poolside Etiquette for Swimming Meets

October 2015

The SNM Technical Committee asks all swimmers, and their clubs, coaches and parents, to comply with the following poolside etiquette:

1. Familiarise yourself with the warm-up procedure and adhere to it.
2. You are required to leave the pool as soon as the whistle has blown to signal the end of the warm-up period.
3. Once the Referee has blown the whistle to signal the start of a race, there should be silence and no movement in front of and adjacent to the start line.
4. At the end of a race, swimmers are to exit the pool promptly at the Referee's whistle. If over the top starts are being used, at the end of the race the swimmer needs to move away from the touch pad, wait quietly and still at the side of the lane while the next race starts, then promptly exit the pool.
5. Swimmers waiting behind the blocks for their next race need to stay off the pool ledge and clear of the timekeepers and IOT's until the preceding race has finished.
6. No rinsing of goggles or caps in the pool whilst a race is in progress.
7. Respect all the meet officials. Remember that these people are volunteers who want you to get the most out of your swimming. A thank you at the end of a meet goes a long way.
8. Please do not walk in front of the Referee, Starter, Stroke Judge or IOTs at any time whilst a meet is in progress.
9. If you have a query or concern regarding the meet, for example you disagree with a DQ, only your Team Manager (**not** a swimmer or a parent) is to approach the Meet Referee (**not** any other meet official) regarding your query or concern.
10. Always walk around the pool - no running.
11. Clean up all of your mess. Throw away your empty bottles, food wrappers, banana skins, etc. It is important that you leave the area just as you found it.