



WELCOME TO OUR CLUB CHAMPS 2018. THIS YEAR, THE CLUB CHAMPS WILL BE SWUM OVER FOUR SESSIONS. PLEASE READ THIS FLYER CAREFULLY, AND ASK US ANY QUESTIONS BEFORE ENTERING YOUR SWIMMERS.

SESSION ONE: CHAMPIONSHIP EVENTS	Friday 30 th November	Warmup: 6.30PM - Start: 7.00PM
SESSION TWO: LONG DISTANCE EVENTS	Saturday 1 st December	Warmup: 4.00PM - Start: 4.15PM*
SESSION THREE: 200'S ONLY	Sunday 2 nd December	Warmup: 7:00AM - Start: 7.30AM
SESSION FOUR: TROPHY EVENTS	Sunday 2 nd December	Warmup: 5:00PM - Start: 5.30PM

*Swimmers who want a longer warm up can arrive earlier and swim in public lanes

ENTRIES CLOSE: 11:59pm Sunday 25 November 2018. No late entries accepted.

ENTRY PROCESS: Enter through the Swimming New Zealand database.

Online entries will open at 9am Monday 12th November 2018 and need to be entered no later than 11:59pm Sunday 25 November 2018. Online entries can be accessed via MyPage on the SNZ website.

Only BSC Swimmers may compete at this event.

MEET INFORMATION

- This meet is a Short Course (SC) Meet.
- Times will be seeded from 1 July 2018 but results are recorded in age groups and by gender
- Organiser reserves the right to amend the programme.
- Swimming New Zealand Technical Rules apply.
- Feet first entry for all backstroke events, no swim back.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Late withdrawals will incur a \$10 fine.
- All swimmers must provide at least one official or timekeeper per session.
- Entry fee: \$5 per swimmer (not per event).
- Times for Sessions 1, 2 and 3 are recorded on the SNZ database but not published.
- Swimmers can enter the 800m or 1500m freestyle events.

CLUB CHAMPS INFORMATION

- This meet is run as a series of championship and handicap events.
- All races/events for Sessions 1, 2 and 3 contribute towards championship trophies in each age group and gender awarded at the BSC annual prize-giving.
- All events in Session 4 are scored to determine the winners of trophies for each individual event in age group and gender.

SESSION ONE: CHAMPIONSHIP EVENT– ALL SWIMMERS TO ATTEND

Swimmers may swim in **EITHER** Beginner Events 2, 4, 6, 8 & 11 **OR** Events for Club & Competitive swimmers (1, 3, 5, 7, 9, 10 & 12) but NOT both. As a guideline, Beginners are generally swimmers in their first season of swimming for BSC or junior swimmers who are not comfortable swimming 100 m events.

SESSION ONE - BEGINNER EVENTS

- Event 2: 50m Backstroke
- Event 4: 50m Freestyle
- Event 6: 50m Breaststroke
- Event 8: 50m Freestyle * (see note below)
- Event 11: 100m IM

*This is not a typo! Results from this event are combined with 50 Back results to generate a trophy winner)

SESSION ONE - EVENTS FOR CLUB AND COMPETITIVE SWIMMERS

- Event 1: 100m Freestyle
- Event 3: 100m Backstroke
- Event 5: 100m Breaststroke
- Event 7: 100m Butterfly
- Event 9: 200m IM
- Event 10: 50m Butterfly (swimmers 10 years and under who did not enter beginner events)
- Event 12: 100m IM (swimmers 10 years and under who did not enter the beginner events)

SESSION TWO: CHAMPIONSHIP EVENT – LONG DISTANCE

- Event 13: 800m Freestyle
- Event 14: 1500m Freestyle

SESSION THREE: CHAMPIONSHIP EVENT – 200'S ONLY

- Event 15: 200m Freestyle
- Event 16: 200m Breaststroke
- Event 17: 200m Backstroke
- Event 18: 200m Butterfly

SESSION FOUR: TROPHY EVENTS – ALL SWIMMERS TO ATTEND

All events from Session One, run as handicap events based on swimmers' PBs since 1 July 2018.

Entries are not required for this event – all swimmers who enter Session One will automatically be seeded and entered into Session Four.

Hot Dog race – a final bit of fun – a 50 m 'all in' swim complete with cookie and drink mid-race.